



SeniorsFirst

Meals on Wheels, in-home care and more.

ANNUAL REPORT 2019

Enhancing the quality of life of seniors by maintaining their independence and dignity.



CORE VALUES: RESPECT, SERVICE, INTEGRITY, TRANSPARENCY

PRESIDENT'S MESSAGE:



Looking back at 2019, more now than ever our efforts made a difference in combating the three biggest threats to aging: hunger, isolation and loss of independence. This would not have been possible without the strong belief and support in our community that the growing number of seniors facing hunger is unacceptable.

Seniors First nutrition programs and

in-home services empower seniors to remain healthy and independent. While these programs are highly effective in meeting both the nutritional and social needs of these individuals, our waiting lists continue to grow.

Fast forward to 2020, we find ourselves navigating the ever changing circumstances created by the spread of the coronavirus. As an essential business providing meals and other critical services to our community's most vulnerable senior citizens, Seniors First remains open and continues to operate. Our procedures have been

modified to conform to all safety guidelines while keeping our clients, staff and volunteers safe and healthy, with limited disruption to services.

It is with a grateful heart that we share this message with all of you at this uncertain time. Thank you for joining and supporting us in our fight to alleviate hunger and provide hope to seniors who want to live healthy and independent lives. We could not do what we do without YOU!

Marsha L. Lorenz
President/CEO



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FIRST FACTS

2019



COMMUNITY IMPACT



Meals on Wheels

96% report the volunteers make them feel less isolated.

93% report MOW makes it easier to live at home.

92% report MOW supports their well-being



Neighborhood Lunch Program

97% report they have something to look forward to.

92% report they worry less about food.



In-Home Care

94% report it helped them meet their daily living needs.

94% of caregivers reported less stress.



Stepping Stone Medical Equipment Bank

100% report their equipment makes it easier to complete activities of daily living.



Guardianship

100% protection of wards well-being maintained.

ANNUAL REPORT 2019 STATEMENT OF FINANCIAL POSITION

AUDITED ASSETS

CURRENT ASSETS	
Cash and cash equivalents	\$1,850,180
Accounts receivable	1,196,047
Certificates of deposit	542,236
Prepays and other assets	122,367
Total Current Assets	\$3,710,830
PROPERTY AND EQUIPMENT, NET	\$1,235,351
OTHER ASSETS	
Contingency Reserve Fund	254,011
Funded depreciation	111,707
Beneficial interest in assets held by Central Florida Foundation	1,944,385
Security deposits	3,250
Total Other Assets	2,313,353
TOTAL ASSETS	\$7,259,534

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES	
Accounts payable	\$452,824
Accrued payroll and related expenses	188,329
Deferred revenue	292,667
TOTAL CURRENT LIABILITIES	933,820

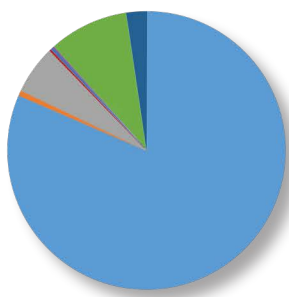
COMMITMENTS AND CONTINGENCIES

NET ASSETS	
Without Donor Restrictions	6,108,897
With Donor Restrictions	216,817
Total Net Assets	6,325,714
TOTAL LIABILITIES AND NET ASSETS	\$7,259,534

Figures taken from Seniors First Statement of Financial Position 12-31-19 AUDITED

REVENUE BY FUNDING SOURCE TOTAL: \$10,410,146

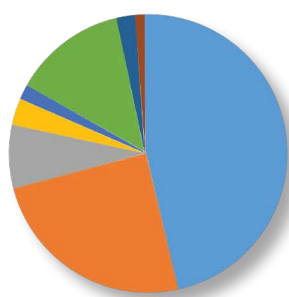
Grant & Contract Rev	8,341,773	80.13%
Fee for Service	173,398	1.67%
Other Contracted Services	47,449	0.46%
Donated Services & Rent	594,124	5.71%
Client Contributions	8,831	0.08%
Other Income	48,376	0.46%
Fundraising	950,830	9.13%
Special Events	245,365	2.36%



Figures taken from Seniors First Consolidated Statement of Activities - Dec 2019

FUNCTIONAL EXPENSES BY PROGRAM TOTAL: \$9,874,419

In-Home Services	4,577,501	46.36%
Nutrition Services	2,421,364	24.52%
Transportation	745,434	7.55%
Guardianship	309,724	3.14%
Stepping Stone	156,883	1.59%
Admin & General	1,343,520	13.61%
Fundraising	212,482	2.15%
Special Events	107,511	1.09%



Figures taken from Seniors First Statement of Functional Exp - Dec 2019

DID YOU KNOW?

- 1 in 6 seniors struggles with hunger.
- Seniors are the fastest growing group of people going hungry in America.
- 1 in 10 seniors is living below the poverty line.
- An estimated 10,000 Baby Boomers turn 65 every day.
- Nearly 90% of seniors say they prefer to stay in their own homes as they age.

Source: www.prb.org, www.mealsonwheelsamerica.org, www.forbes.com, www.aginginplace.org

HOW YOUR GIFT HELPS

- \$267 provides a homebound senior with a month of nutritious Meals on Wheels
- \$120 provides a lonely senior with 1 month of social activities and nutritious meals at our Neighborhood Lunch Program.
- \$95 feeds 6 people for a week through our food pantry.

BOARD OF DIRECTORS

- Chairman:** Steven M. Fisher, TD Bank
- 1st Vice Chair:** Kim Blaylock, &Barr
- 2nd Vice Chair:** Carol Clark, Orange County Parks and Recreation
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GRANTORS:

- AdventHealth Orlando
- All Saints Church of Winter Park
- Bank of America Charitable Foundation
- Chesley G. Magruder Foundation
- Darden Restaurants Inc. Foundation
- Florida Blue Foundation
- GFWC Oviedo Woman's Club
- J. Milton Hoffa & Nellie E. Hoffa Memorial Foundation
- Margaret & R. Parks Williams Charitable Foundation
- Massey Services Inc.
- Meals On Wheels America
- Orlando Health
- Publix Super Markets Charities
- St Margaret Mary Catholic Church
- TD Charitable Foundation
- The Chatlos Foundation, Inc.
- The Joe & Sarah Galloway Foundation
- The Joseph G. Markoly Foundation, Inc.
- The Kent Foundation
- The Lee Foundation
- The Martin Andersen-Gracia Andersen Foundation, Inc.
- VNA Foundation, Inc.
- Walmart Community Grants
- Wells Fargo Foundation
- Westgate Resorts Foundation

PROGRAMS AND SERVICES:

Meal Programs

Meals on Wheels:

Provides nutritious daily meals, warm conversation and regular safety checks to homebound seniors throughout Orange County.

Neighborhood Lunch with Transportation:

Hot, nutritious meals in a social setting are provided weekdays at designated sites throughout Orange County.

Community Food Pantry:

Open the 2nd and 4th Wednesday between 9am-11am each month at the Seniors First Orlando office.

In-Home Care Program

Care Management:

Clients receive a custom care plan coordinated by a case manager who monitors their needs on a regular basis.

Personal Care Assistance:

Homebound clients receive general hygiene services such as bathing, shaving and dressing.

Homemaker:

Homemakers provide light housekeeping and management such as laundry, shopping and meal preparation.

Companionship:

Companions relieve loneliness by providing socialization, conversation and assistance with reading, running errands and shopping.

Respite Care:

A certified personal care worker relieves caregivers for a few hours at a time.

Stepping Stone Medical Equipment Bank:

Offers new and refurbished donated medical equipment and safety devices for seniors and adults with disabilities at little to no cost in Orange, Osceola and Seminole Counties.

Guardianship Program:

Seniors First acts as guardian of incapacitated adults who have been legally declared unable to care for themselves in Orange and Seminole Counties. Lawyers and trained staff manage legal and medical affairs.

